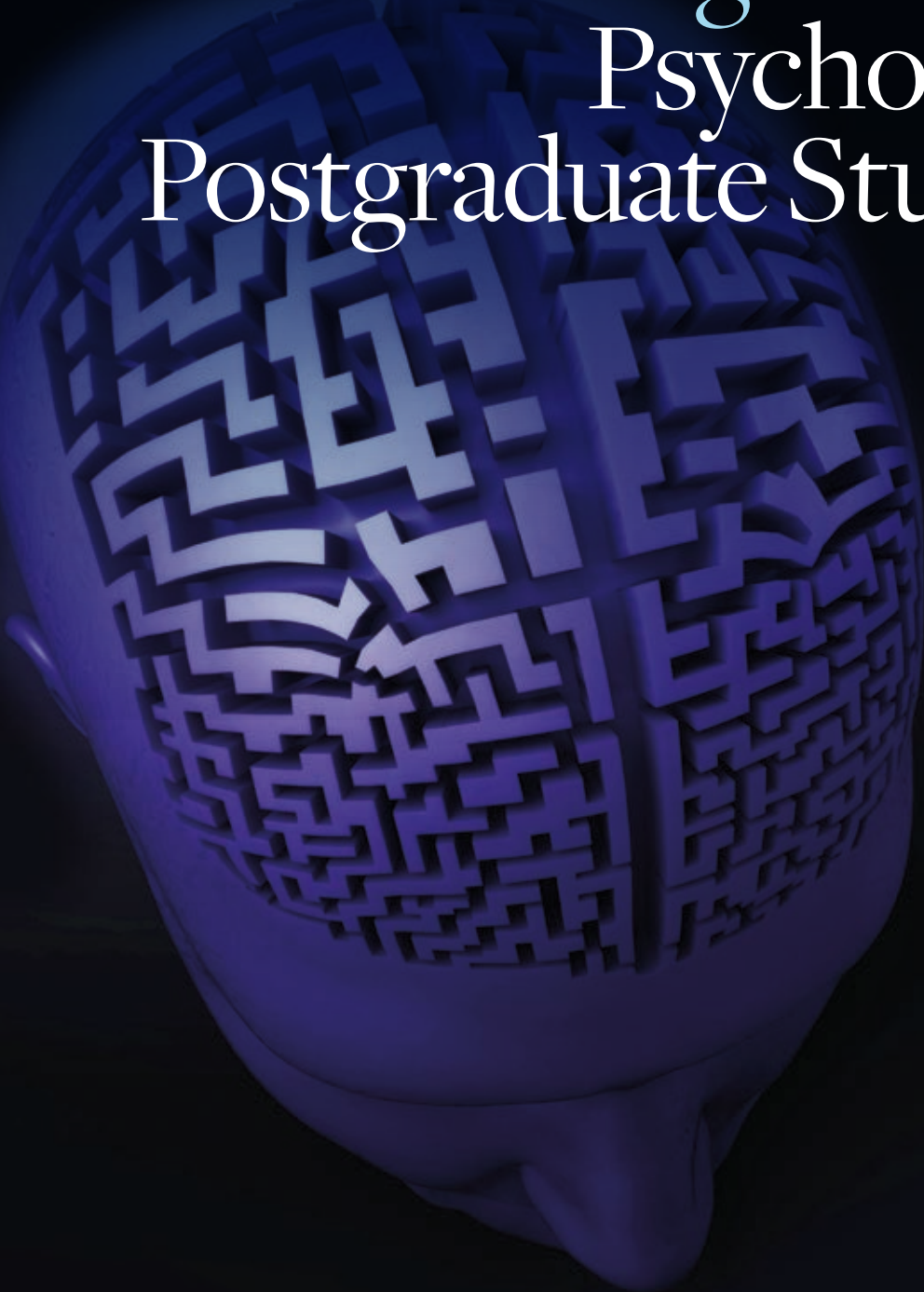


Psychology

UNIVERSITY OF
Southampton

Innovating minds.
Psychology
Postgraduate Study



Welcome to Psychology

We are one of the foremost research-led psychology centres in the UK. As a postgraduate student, you will be part of world-changing research as it happens, studying in a global research centre with superb facilities and resources.

You can expect to be taught by academics at the forefront of their disciplines who are internationally renowned for their cutting-edge research and are committed to the highest-quality scientific standards. Their research has real impact and is tackling some of today's biggest challenges influencing a range of social, educational, clinical and health-related issues.

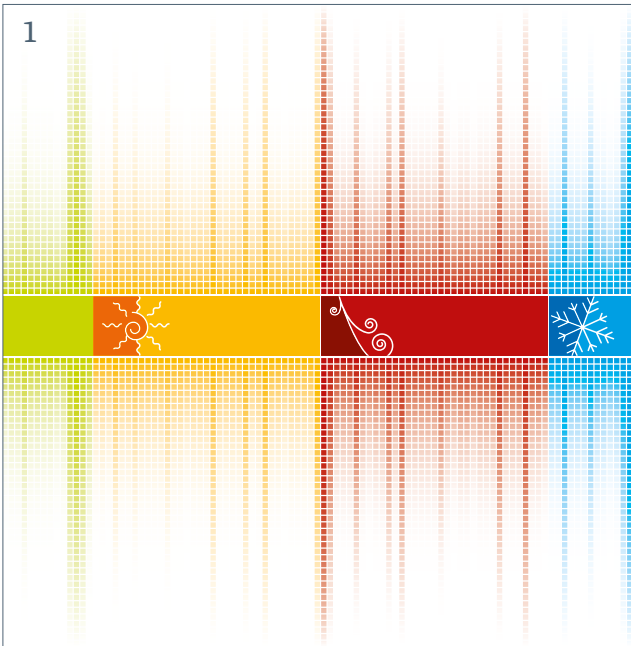
As one of the top 100 universities in the world* and a founder member of the prestigious Russell Group of leading research universities in the UK, we provide an outstanding postgraduate education. Southampton is one of the leading entrepreneurial universities in the world, with excellent relationships with business and industry. As a postgraduate student, you will benefit from these strong links, as well as interdisciplinary collaboration across the University and with other educational establishments in Europe and worldwide, and will have many opportunities to develop your entrepreneurial skills.

You will have a warm welcome when you become a member of our friendly postgraduate community. Working within a supervisory team, who will support you throughout your postgraduate studies, you will join one of our active research centres. With access to our Students' Union, Staff Social Club and state-of-the-art sports centre, all based on an attractive green campus, you have all the ingredients for a fantastic student experience.

**2013 QS World University League Rankings*



1



1. Research excellence

Discover how our researchers are working to understand the burden of brain disorders and issues related to national security.
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2. Research impact

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Understanding the burden
of brain disorders.
Discovering what
really matters



The impact of psychiatric and neurological conditions such as depression, schizophrenia, dementia and substance abuse on both the individual and society is the focus of innovative research being carried out by psychologists at Southampton.

They are collaborating with the World Health Organisation, the European Brain Council and other European universities and research institutions to develop an innovative approach for measuring and comparing the everyday difficulties people with brain disorders actually experience in their lives.

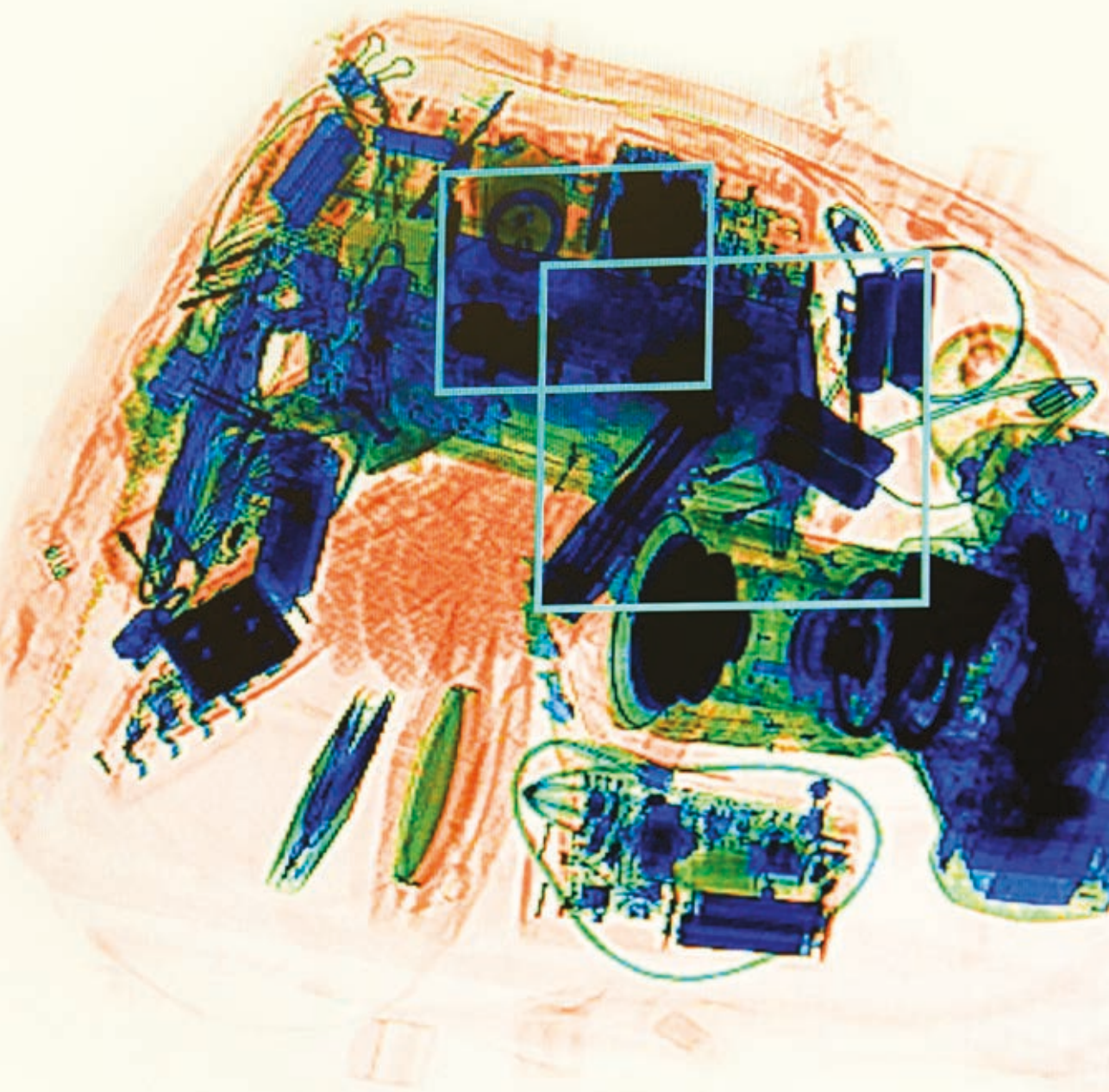
This approach is based on the hypothesis of horizontal epidemiology that posits the difficulties that really concern people are common across brain disorders – difficulties such as having enough energy, keeping friends, going to school, getting a job, and being part of the community. It is opening doors to an enormous range of health and social interventions that give hope for a better life.

Professor of Medical Psychology at Southampton Alarcos Cieza explains: “Finally, researchers are beginning to work with a co-creative spirit that overcomes the silo-thinking that has dominated the field for so many years. This entails a horizontal approach that breaks the boundaries between disciplines that usually focus on specific symptoms and conditions. The ultimate objective is to truly understand the experience of living with brain disorders.”

Alarcos is leading two large European projects – PARADISE and MARATONE – that are translating this research into practice.

For further information, visit www.paradiseproject.eu and www.maratoneresearch.eu





Improving airport security checks.

Measuring eye movements

Research by psychologists at the University of Southampton has revealed findings that could help improve the effectiveness of airport security searches.

Currently airport security staff monitor X-rays of baggage searching for multiple types of weapons such as guns, knives and explosives that show up as different colours on the screen – one colour for metal, another for explosives.

But the measurement of eye movements developed by Dr Tamaryn Menneer and colleagues, in conjunction with the University of Massachusetts, has shown that searching for two different colours simultaneously is less accurate than looking for those colours separately.

“This limitation on visual search has implications for many complex screening situations,” said Tamaryn.

“Our research shows that security screening could be more effective if the search was split across screeners, so that some specialise in metal weapons and others in explosives.”

For further information, visit www.southampton.ac.uk/psychology/cvc



Research impact

Psychology at Southampton has a tradition of first-class teaching and research. The most recent Research Assessment Exercise (RAE) gave our research excellent ratings, with the majority judged to be “internationally excellent” or “world-leading”. It was ranked eighth in the UK.

Our world-class centres are valued for the quality of their research and for actively addressing a range of global challenges.

Keeping your identity safe in cyberspace

Researchers at Southampton are leading a team of investigators exploring the concept of SuperIdentity that recognises our identity by collating cues from the real world and the digital world.

Advances in technology mean we are moving more and more into digital living and accessing all sorts of goods and services online. But this increased use of the internet opens us up to the potential of cybercrime such as hacking and identity theft.

The team, led by Senior Lecturer in Psychology Dr Sarah Stevenage, is working with colleagues from Oxford, Bath, Dundee, Leicester, Kent and the US to explore the use of cybermetrics alongside biometrics to establish identity.

Sarah said: “This combination of cues allows for really robust decision-making about identity in cases when you may be interacting online. Our approaches will guide the police in their investigations and will also enable individuals to better protect their own personal information. We are trying to make sure that digital space is as safe and secure as possible.”



New treatment for chronic depression and anorexia

New treatment for people suffering from specific types of chronic depression and anorexia has been developed by researchers at the Emotion and Personality Bio-behavioural Laboratory at Southampton.

Led by Professor Thomas R Lynch, the group has created new psychological therapies that are based on Dialectical Behaviour Therapy (DBT), a treatment with a proven track record of overcoming other serious mental health problems.

The treatment strategies are based on 17 years' research and two randomised controlled trials and can make a difference to the lives of people suffering from refractory depression and restrictive anorexia nervosa – conditions that previously have not had successful treatments or responded to medicine.

The new therapy targets emotional over-control where people are too self-controlled and can find it difficult to get on with others and get help for their difficulties.

Thomas said: “Our therapy assumes that emotionally over-controlled patients lack the skills to be flexible, express vulnerable emotions, or establish close relationships, so we focus on teaching a range of skills that target these difficulties.”

An ugly duckling not a beautiful swan

If you offer people with high and low self-esteem a choice between positive and negative feedback, those with high self-esteem mostly choose the positive, those with low self-esteem the negative.

Explaining the former choice is easy – flattery pleases. Explaining the latter choice is hard – criticism hurts.

Self-verification theory says having a definite identity is so crucial that even people with low self-esteem want to keep theirs. They *prefer* negative feedback.

Yet Dr Aiden P Gregg, Dr Wing Yee Cheung, and Professor Constantine Sedikides, from the Centre for Research on Self and Identity at the University of Southampton, disagree with this pessimistic conclusion.

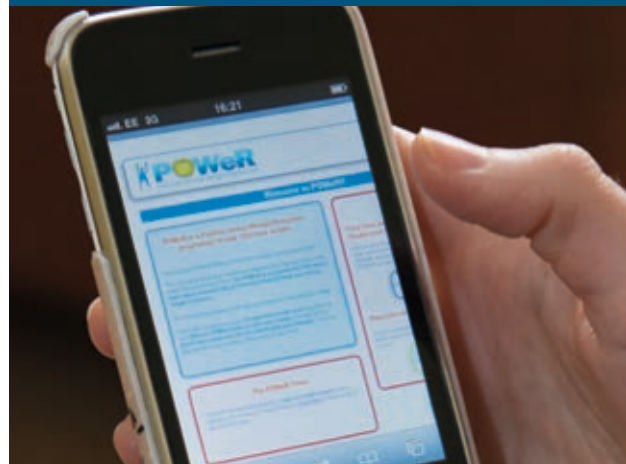
In ESRC-funded research, they have found that people with negative identities, despite choosing negative feedback, still *want* it to be false. Hence, helping them *believe* it is false should remain a therapeutic priority.

Round the clock help for health problems

People can get 24-hour access to online advice and support for a range of health problems thanks to the pioneering LifeGuide that has been developed by a multidisciplinary team led by Professor Lucy Yardley at Southampton.

LifeGuide can be used to give personalised health advice, help make decisions about life choices, and support people with reminders, feedback and action planning.

Lucy said: “Advice on coping with health problems is not always readily available to everyone but the internet can give 24 hour access and is a low cost way of extending convenient healthcare for millions of people around the world.”



Further information

To find out more about our research, visit www.southampton.ac.uk/psychology/research



Learning environment

We have a spirit of research that is firmly embedded in our culture, which helps to set us apart from other universities. It is this environment that makes studying here a unique and exciting experience.

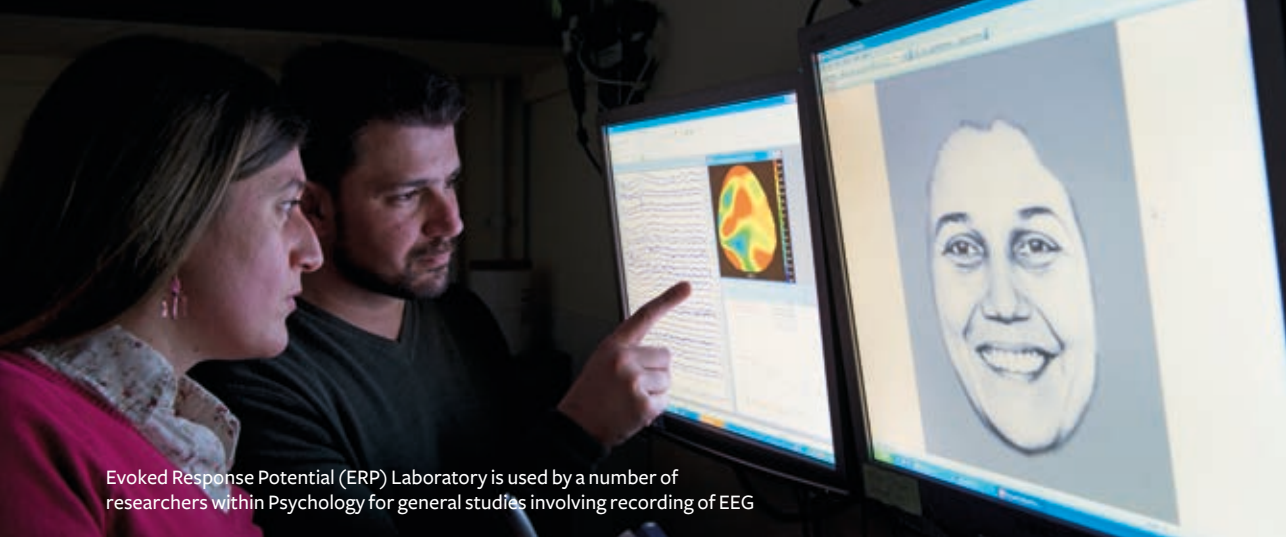
Research centres and facilities

With a reputation for linking fundamental research with real-world applications, Southampton is home to cutting-edge research centres that consistently break new ground.

Our research centres have strong links with business, industry and government. For example, our National Oceanography Centre Southampton provides

large-scale infrastructure and support for the entire UK marine research community while collaborating with the oil, gas and communications industries. We also strive to bring together national and international experts to address critical issues facing society and this is the case in our Institute for Life Sciences where biosciences help tackle issues such as climate change and human health.

Our Mobile Research Unit (MRU) enables a range of offsite research work as well as public engagement activities



Evoked Response Potential (ERP) Laboratory is used by a number of researchers within Psychology for general studies involving recording of EEG

All our research centres at Southampton focus on global challenges that really impact on society. Our Optoelectronics Research Centre focuses on photonics research and the centre has played a major role in developing the optical telecommunications technology that underpins the internet.

Other facilities include the Southampton Wind Tunnels for aerodynamics testing, yacht and sail design and the University's supercomputer, one of the most powerful university-owned supercomputers in the UK, that postgraduate students have access to for use in research projects.

Researchers cannot be constrained by the boundaries that separate traditional subject areas. Therefore our innovative approach to research enables our postgraduate students to work effectively across disciplines, creating excellent opportunities for professional development. Southampton also has four Doctoral training Centres (DTCs) that help our students develop the skills they need to address some of society's biggest problems including those related to climate change, energy, our ageing population and hi-tech crime.

Libraries

Our facilities are among the best in the country. The Hartley Library on the Highfield Campus is one of the leading research libraries in the UK. Facilities include a state-of-the-art learning centre, with consultation rooms, 'walk in' internet access, a language study area with computers linked to software for a range of languages, a café and a study lounge.

The Hartley Library houses specialist collections including the Broadland Archives, the papers of the Duke of Wellington, world renowned collections relating to Jewish history and culture, and the Ford Collection of British Official Parliamentary Publications.

At Southampton we are proud of our superb range of psychology teaching and research facilities.

Our team of academic staff are committed to high quality research and teaching and their excellence places us among the leading centres in Britain in terms of research output and expertise. This is supported by our facilities including a number of custom-built laboratories that are the backbone of our rigorous research work.

We also host a wide range of research groups, many of which are at the forefront of their fields. These include:

- Centre for Applications of Health Psychology
- Centre for Research on Self and Identity
- Centre for Sexual Health Research
- Centre for Vision and Cognition
- Developmental Brain-Behaviour Laboratory
- Emotion and Personality Bio-behavioural Laboratory
- Experimental Psychopathology Laboratory

Further information

To find out more about our research centres and facilities, visit www.southampton.ac.uk/psychology/research/facilities

Our academics

As a postgraduate student at Southampton, you will be learning from and working with academics at the forefront of their disciplines. Here are just a few of our academics.

1. Dr Claire Hart

Lecturer in Psychology

Claire is a Southampton alumna having completed her PhD in Social Psychology at Southampton. She has worked as a Research Fellow and is now a Lecturer in Psychology at the University. Her research largely focuses on self and identity, and she is particularly interested in investigating group processes, procedural fairness, narcissism and modesty.

2. Dr Edward Redhead

Director of Student Support in Psychology

Ed oversees the pastoral support for all students on postgraduate programmes within Psychology. He has received two Vice-Chancellor's teaching awards during his time at Southampton.

He is also a Senior Lecturer and his research is in Spatial Cognition. Using both real world and virtual environments, he examines how we learn to find our way around new places. Ed and his colleagues recently studied spatial memory impairments in patients with Temporal Lobe Epilepsy (TLE) and examined what role reduced neurogenesis, associated with TLE, might play in this impairment.

3. Dr Cynthia Graham

Senior Lecturer in Health Psychology

Cynthia's research interests are in the area of sexual and reproductive health and her current work focuses on four main topics – women's experiences using hormonal contraceptives, the relevance of sexual excitation and sexual inhibition to sexual health, sexual problems in women, and condom use errors and problems.

She is currently Editor of the Journal of Sex Research and a Research Fellow at the Kinsey Institute for Research in Sex, Gender, and Reproduction.

Cynthia is Director of the MPhil/PhD in Health Psychology Research and Professional Practice programme

4. Professor Edmund Sonuga-Barke

Director of the Developmental Brain-Behaviour Laboratory

Edmund's research is motivated by a desire to improve the lives of children and adolescents with impulse, attention and emotional regulation problems by developing a better basic understanding of the genetic and environmental causes and the psychological and neuro-biological mediators of their development. He collaborates internationally using a wide range of research techniques and his research has been funded by the government and commercial organisations. He has also acted as a consultant for the pharmaceutical industry.

He is especially interested in how the environment shapes normal and deviant biological and behavioural systems.

5. Dr Matthew Garner

Senior Lecturer in Psychology and Medicine

Matt completed his PhD at Southampton University and his research focuses on cognitive and neurobiological mechanisms that underlie anxiety disorders.

He works with academic and clinical colleagues in Psychology and Medicine on projects integrating methods from a range of perspectives including experimental cognitive psychology, psychophysiology, cognitive neuroscience and psychopharmacology.

Matt also provides research supervision to a range of MSc and PhD students, including trainees registered on our clinical and educational psychology doctorates.

6. Dr Erich Graf

Senior Lecturer in Psychology

Erich's research interests are in the field of human visual perception, and are directed toward understanding how our brain creates the rich perceptual experience of the world around us.

His current work focuses on the environmental factors that may have shaped our visual brain. A recent EPSRC-funded project will evaluate the statistical properties of natural scene images to generate new hypotheses about the strategies that human vision uses to efficiently encode our environment.

Erich is the director of taught postgraduate programmes, and oversees the running of the three masters-level programmes that we offer.



Further information

To find out more about our academics visit
www.southampton.ac.uk/psychology/about/staff

Planning your career

A man in a dark suit and white shirt is smiling and looking towards a woman whose back is to the camera. He is holding a tablet computer. The background is dark and out of focus.

“Since graduating, I have enjoyed working with the Cognitive Behaviour Therapy centre at the University of Southampton on a health service research project and I am currently responsible for the primary care talking therapy services both in Southampton and Dorset.”

Dr Colin Hicks

BSc Psychology, 2003; PG Dip in Cognitive Therapy, 2008;
Associate Director, Dorset Healthcare

As well as pushing the boundaries of knowledge in your chosen field, at Southampton you will have the opportunities to develop the attributes that are vital for success in today's global employment market.

Record of success

We will provide you with an extensive support network, both during and after University. Whatever career path you decide to follow, you will gain a wealth of skills and experience from Southampton. Our postgraduates have a reputation for excellence and an impressive record of success in entering a wide range of global organisations such as Accenture, NASA and research and teaching posts at universities across the world.

Postgraduate study also makes good sense financially: research conducted by the Higher Education Statistics Agency, for its Destinations of Leavers from Higher Education survey, showed that six months after graduating, average postgraduate salaries in the UK were £5,500 to £7,500 higher than for those with a first degree alone.

Enhancing your career

At Career Destinations, the University's dedicated careers service, we offer a range of services including web resources for career development, careers advice, skills workshops and mock interviews.

During your postgraduate degree we will also help you gain the transferable skills – such as independent thinking, problem solving and teamwork – that employers really value. You can also get involved in our student entrepreneurial society that had a winning team in the national Students in Free Enterprise (SIFE) competition in 2011. The Southampton team also represented the UK at the SIFE World Cup in Malaysia in October 2011.

In addition, we offer internship and placement opportunities for our students with a wide range of national and international employers. Taking part in an internship scheme will enable you to develop practical skills such as project management and effective communication in the workplace.

Gain a competitive edge

Psychology is one of the most employable of all disciplines and our postgraduate degrees will equip you with a range of transferable skills much valued in the employment market.

On our masters degrees you will undertake your first postgraduate step to become an applied or academic psychologist. Students often take the MSc Health Psychology as a route to either the Stage II PhD in Health Psychology, or training in clinical psychology, while the recently set up MSc in Foundations of Clinical Psychology is a direct feed to clinical psychology training. The MSc Research Methods provides excellent training for undertaking a PhD.

Our applied doctoral programmes – Clinical Psychology, Educational Psychology and PhD Health Psychology – offer an excellent training to pursue practitioner posts.

We offer a wide range of PhD study from world-leading research staff and ensure that you are provided with many opportunities to discuss employment opportunities with careers experts, staff and students.

Further information

To find out more about Career Destinations, visit www.southampton.ac.uk/careers

Student life

The University of Southampton's six campuses all offer a friendly, vibrant and diverse atmosphere for work and leisure.

Campuses

Our main Highfield Campus, in the north of Southampton, is home to the Students' Union, the Jubilee Sports Centre, the Hartley Library, a 330-seat Uniplex cinema and three leading arts venues: The Nuffield Theatre, the Turner Sims concert hall and the John Hansard Gallery.

A few minutes' walk from Highfield is Avenue Campus, which houses most disciplines within Humanities, and the Centre for Language Study. It has a library, lecture theatres, focused study spaces and catering amenities.

Three miles west of Highfield is Southampton General Hospital, one of the country's leading teaching hospitals and the base for Medicine. The campus offers modern laboratories, computer suites, refurbished lecture theatres, catering facilities and a specialist health services library.

Located on the city's waterfront, the National Oceanography Centre Southampton is one of the world's leading research centres for the study of ocean and Earth sciences. The campus has its own fitness suite, sports hall and catering facilities.

Winchester School of Art is located 12 miles north of Southampton, in Winchester city centre. The campus provides purpose designed studios and workshops, an extensive specialist library, Students' Union facilities, a café and a well-stocked art supplies shop.

Our branch campus for engineering is in EduCity, Iskandar in Malaysia and benefits from innovative world-class facilities for engineering and full access to the learning resources at our UK campuses. It offers postgraduate students the opportunity to study in a safe international environment.

Social life

As a postgraduate student you will automatically become a member of Southampton University's Students' Union (SUSU), one of the largest in the UK. Postgraduate students also enjoy full access to the Staff Social Centre facilities.

The Students' Union provides a range of places to eat great food, hear top bands, see the latest films and get information and advice. The Jubilee Sports Centre houses a 25m swimming pool, badminton and squash courts and a fitness studio.

Our outdoor facilities include eight tennis courts, two floodlit synthetic turf pitches and a number of grass pitches. We also offer a wide range of water sports to cater for everyone, from beginners to elite athletes.

You can also take part in a whole host of clubs and societies, from snowboarding and mountain biking to photography and philosophy. Whatever your interests, SUSU organises a diverse range of events and activities to keep you entertained. Our societies range from the cultural and course-related, to the international, sporting and political.

Accommodation

With 20 halls of residence and first-class facilities it's no wonder our accommodation is so popular. We have more than 5,000 places in 20 halls that provide a wide range of living arrangements that all offer excellent value for money. Our halls vary in size, character and facilities, but they all provide the same high-quality accommodation in a safe, diverse, inclusive environment. We have accommodation specifically for postgraduates, from standard packages to self-catered studio flats. We also have a limited number of properties suitable for couples and families.

If you are a UK or EU student, we welcome your application for a place in halls, which we allocate subject to availability. If we are unable to offer you a place in halls, we can give you help and advice on securing private rented accommodation.

International Students

If you are a full-time registered international postgraduate student, you are guaranteed an offer in halls for your first year of study, provided that you are unaccompanied, live outside Southampton and we receive your accommodation application by the advertised deadline.

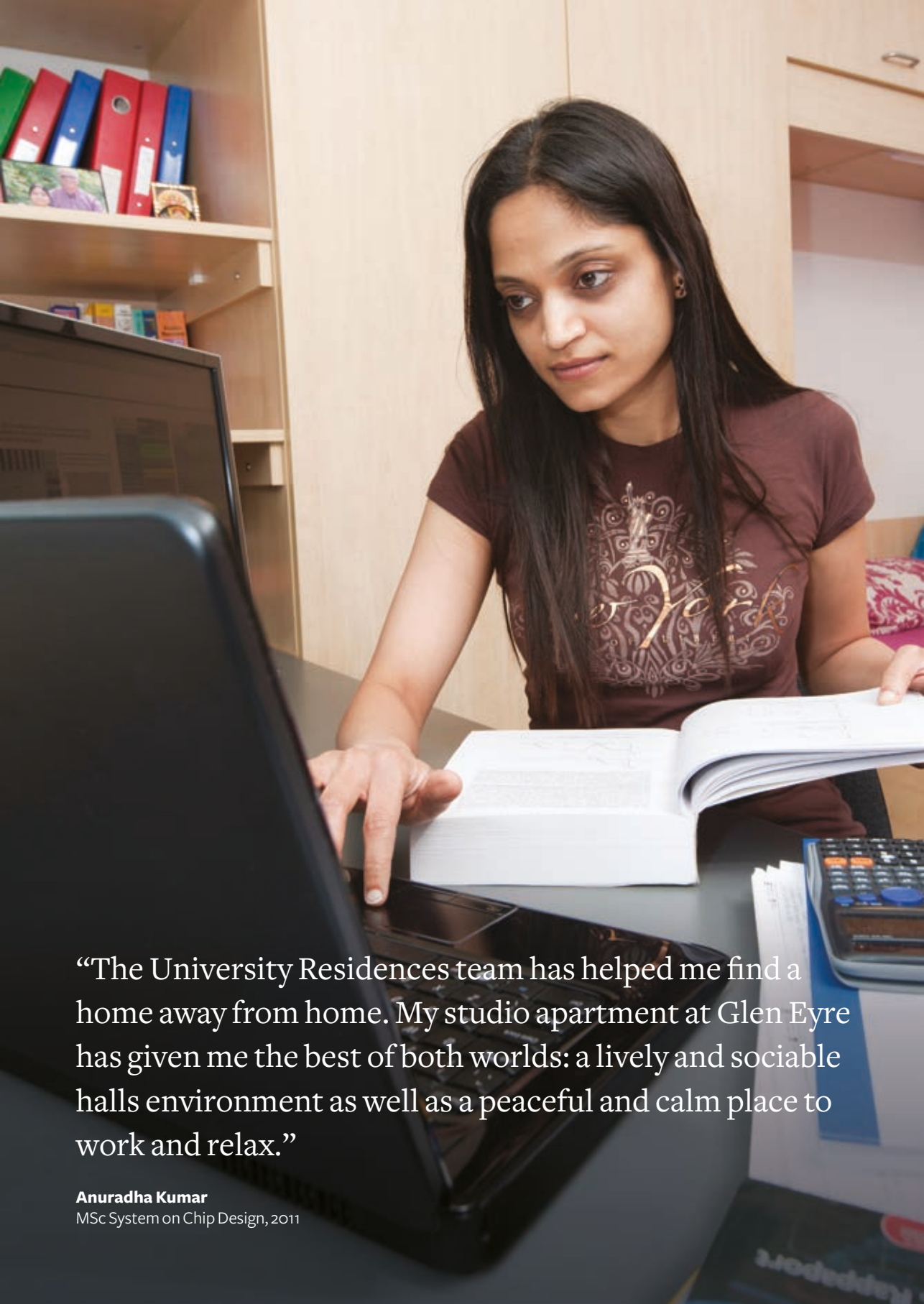
Contact us

University Residences

Tel: +44 (0)23 8059 5959

Email: accommodation@southampton.ac.uk

www.southampton.ac.uk/accommodation



“The University Residences team has helped me find a home away from home. My studio apartment at Glen Eyre has given me the best of both worlds: a lively and sociable halls environment as well as a peaceful and calm place to work and relax.”

Anuradha Kumar

MSc System on Chip Design, 2011



Southampton and region

Southampton is a thriving modern city, steeped in history and culture. Just over an hour south of London, Southampton has excellent transport links with the rest of the UK.

A lively city

Close to the city centre, the University forms an integral part of this dynamic, multicultural city. Our location offers a vibrant mix of recreation, culture and entertainment – from restaurants, cafés, bars and nightclubs to cinemas, sports facilities, internationally acclaimed arts venues and one of the south of England's top shopping centres. The University is next to Southampton Common, a protected Site of Special Scientific Interest with extensive areas of public open space and managed woodland.

Whether you fancy a lunch with friends or dancing into the small hours, Southampton has the right venue. From intimate lounge bars and roof terraces to Leisure World, which houses a casino, bowling alley, several restaurants and bars, a 13-screen cinema and two nightclubs, there is something for everyone. Historic Oxford Street is home to Southampton's finest restaurants, but wherever you are in the city you will be spoiled for choice, with restaurants offering a wide variety of cuisines from across the

globe and catering for every budget. In the city centre you will also find West Quay, one of the south coast's top shopping centres. Whatever your musical tastes there are great venues in Southampton for live music. The Joiners, for example, is known for up-and-coming bands – Coldplay, Oasis and Radiohead all played there before they were famous. The Guildhall is a multi-purpose venue that stages jazz and rock as well as a range of contemporary and classical music.

Southampton's thriving port handles in excess of 42 million tonnes of cargo annually. It is the cruise industry capital of northern Europe and is engaged in sustained and continued city centre development that continually strives to improve its already enviable facilities.

A connected city

Just over an hour from central London, Southampton has excellent transport links with the rest of the UK and internationally, by road, rail, sea and air. The city is serviced by two mainline train stations, with direct trains to London Waterloo and within easy reach of the Eurostar at St Pancras International. Southampton Airport offers regular flights to UK and major European destinations. Our own award-winning unilink bus service connects all Southampton



Southampton offers a vibrant mix of recreation, culture and entertainment

campuses and halls of residence, the city centre, the airport and both railway stations.

Less than half an hour from Southampton is the New Forest National Park, with vast open heathland and beautiful forest. The resorts of Bournemouth and Poole are just down the coast, while a short ferry ride takes you to the Isle of Wight, which hosts Skandia Cowes Week, the largest and most prestigious international sailing regatta in the world.

A historic city

Southampton has a fascinating history. It was from here in 1415 that Henry V set sail for Agincourt.

The Pilgrim Fathers first set sail from here in 1620 on their historic journey to the New World, and the ill-fated *Titanic* sailed from Southampton in 1912.

Southampton has a rich aviation heritage, with the Spitfire, the fighter aircraft that won the Battle of Britain, developed in the region in the 1930s. As well as an area of outstanding natural beauty, the New Forest has a fascinating history. Created in 1079 by William the Conqueror as an area for hunting deer, it became an important source of timber for the Royal Navy. Today the forest retains many historical rural practices, such as pasturing of ponies, cattle, pigs

and donkeys in the open forest by local inhabitants, known historically as the ‘commoners’.

A modern city

Today, Southampton has one of the biggest commercial ports in Europe, and the city is known across the world as the home of the giant cruise liners, *Queen Mary 2* and *Queen Victoria*. Its coastal location means that Southampton offers a vast range of opportunities for sport and leisure, with waterfront marinas and a major focus on water sports, sailing and ocean racing. The city hosts the largest on-water boat show in Europe – the annual Southampton Boat Show.

Winchester

The historic city of Winchester – England’s ancient capital – is just 12 miles north of Southampton, and is home to the University’s internationally renowned Winchester School of Art. Popular for its bustling shopping streets and spectacular architecture, Winchester is perhaps best known for its 11th century cathedral and the Great Hall, which houses the mysterious Round Table of King Arthur. The city’s rich cultural heritage is complemented by a lively atmosphere and a wide variety of pubs and restaurants, museums, theatres and galleries.

Programme overview

Our diverse range of programmes is developed to cater for your individual needs and future aspirations.

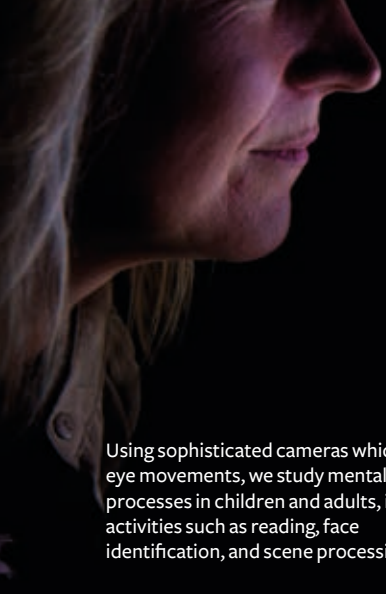
Programme structure

Southampton has a world class reputation for teaching and research in Psychology. We are one of only 12 UK universities to be awarded a sole institution ESRC Doctoral training Centre (DTC). Whether you decide to study on one of our taught postgraduate masters, taught doctoral programmes, or to study for a PhD, you will be working alongside internationally respected academics.

How will you learn?

Our programmes are developed to cater for your individual needs and future aspirations.

Our MSc in Health Psychology will provide you with a comprehensive introduction to the application of psychological theory and knowledge to understand the development, experience and treatment of physical illness. Learning from experienced clinicians and researchers, our MSc in the Foundations of Clinical Psychology will give you an introduction in a European and international context. Our MSc in Research Methods in Psychology is perfect for those of you who are keen to undertake high-quality research in psychology.



Using sophisticated cameras which track eye movements, we study mental processes in children and adults, in activities such as reading, face identification, and scene processing.

We offer two three-year doctoral programmes in clinical and educational psychology that are approved by the Health and Care Professions Council (HCPC) and meet the requirements for chartered status with the British Psychological Society (BPS). Both of these will prepare you for a professional qualification to become a clinical or educational psychologist. They focus on the development of knowledge, understanding and application of theory, empirical evidence and interventions that are at the core of professional practice.

Our MPhil/ PhD in Health Psychology Research and Professional Practice is also approved by the Health and Care Professions Council (HCPC) and the British Psychological Society (BPS). If you have a BPS accredited MSc in Health Psychology, this programme allows you to study for BPS chartered psychologist status and register with the HCPC as a health psychologist.

Our MPhil/ PhD in Psychology by Research programmes allow you to develop an understanding of an extensive body of psychological theory and research and develop new knowledge through original research.

Taught degrees

Our range of taught degrees allows you to follow distinctive career pathways and develop advanced research skills. You will build up key skills linked to specific areas of psychology in preparation for further training or a career in research.

You will join our friendly and vibrant postgraduate research community that is both challenging and rewarding. Alongside fellow students who share your interests in specialised psychological study, you will be taught by research active academics.

Research degrees

Our friendly research community offers a supportive and stimulating environment for postgraduate study. We offer taught doctoral programmes and programmes by research in diverse areas of psychology. You will be supervised by one of our leading academics and will become a member of one of our internationally significant research centres.

We offer a range of specialised facilities and laboratories housing eye movement and ERP facilities, as well as access to brain imaging equipment. Our excellent resources and technical support will help you throughout your studies.

You will also have access to a postgraduate computer room and PhD students will be offered office space and a PC or laptop, as well as a dedicated annual research budget to support individual research needs and to allow conference attendance.

For more information visit our website www.southampton.ac.uk/psychology/postgraduate/



MSc Foundations of Clinical Psychology (1 year)

Clinical Psychology is the application of psychological knowledge and theory to reduce psychological distress and promote psychological well-being. This MSc provides an introduction to the field of clinical psychology in a European and International context.

It will supplement students' experience when applying for doctoral programmes in clinical psychology.

You will learn from experienced clinical psychologists and leaders in the field and special consideration is given to issues in working with cultural diversity.

Assessment

Assessment is through essays, write up of experiential learning task, presentations, qualitative and quantitative data analysis and dissertation.

Programme structure

Compulsory modules

- Fundamentals of Clinical Psychology
- Fundamentals of Therapeutic Skills
- Introduction to CBT for Anxiety and Depression
- Introduction to CBT theory and skills
- Leadership and Management
- Quantitative and Qualitative Research Methods
- Dissertation

Key information

Programme Director: Dr Therese Allan

Start date: September

Programme duration: 12 months full-time

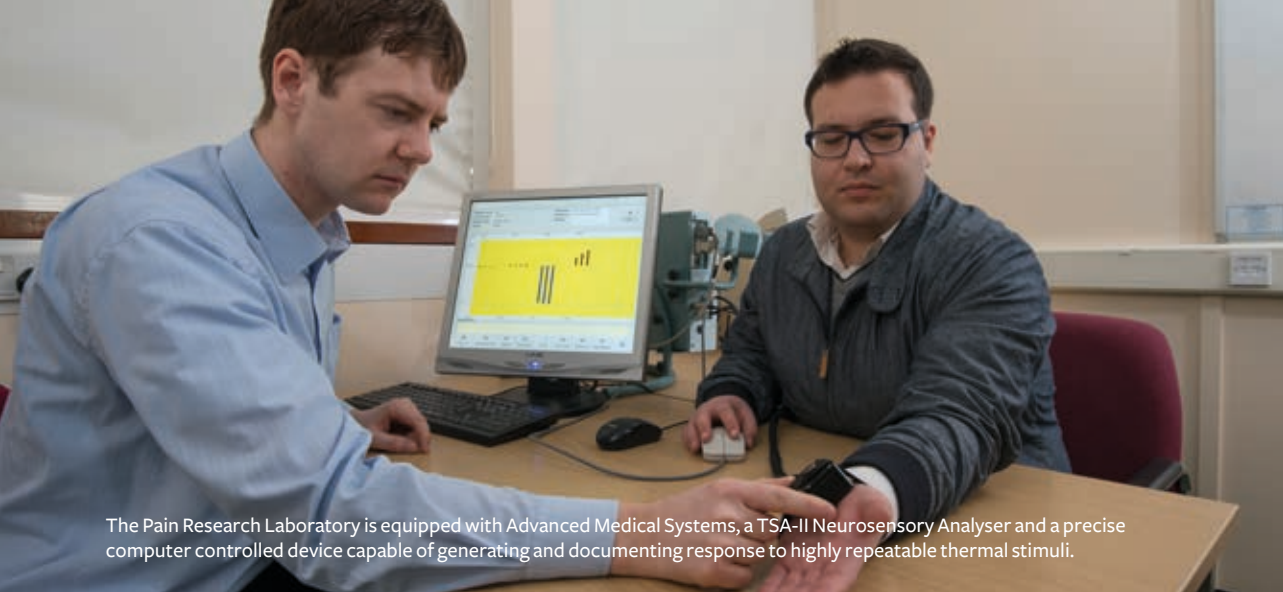
Entry requirements: upper second-class honours degree in psychology, including statistics modules; other degrees considered in conjunction with an approved BPS conversion course. Experience of working in a mental health setting is desirable

Language requirements: an IELTS overall score of 7 with no individual score below 6.5

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: a 10 per cent discount on postgraduate courses is available for University of Southampton final-year students and alumni.

Career destinations: the programme serves as an academic stepping stone to completion of a PhD in Psychology and will supplement students' experience for application to professional training offered by doctoral programmes in Clinical Psychology. It will also provide transferable skills useful in any environment dealing with people



The Pain Research Laboratory is equipped with Advanced Medical Systems, a TSA-II Neurosensory Analyser and a precise computer controlled device capable of generating and documenting response to highly repeatable thermal stimuli.

MSc Health Psychology (1 year)

This MSc will give you a thorough grounding in health psychology and the application of psychological knowledge and theory to promote health and to understand the development, treatment, and experience of physical illness.

You will learn from leading health psychologists who apply health psychology to real world problems and teach you about cutting-edge applied research.

Assessment

Assessment is through coursework, exams and dissertation. Innovative assessments include changing one of your own health behaviours and performing a mini-systematic review.

Programme structure

Core modules

- Biopsychosocial Aspects of Health
- Psychology and the Delivery of Healthcare
- Psychosocial Aspects of Illness and Disability
- Training in Advanced Quantitative and Qualitative Research Methods
- Dissertation

Optional modules

Choose one

- Introduction to Cognitive Behaviour Therapy
- Clinical Psychology
- Researching Contemporary Issues in Ageing Societies

- Advanced Statistical Methods in Psychology
- Lifespan and Change
- Current and Emerging Issues in Psycho-Oncology and Pain Research

Key information

Programme Director: Dr Christina Liossi

Start date: September

Programme duration: one year full-time or two years part-time

Entry requirements: upper second-class degree in psychology including statistics modules and preferably knowledge of SPSS

Language requirements: an IELTS overall score of 7 with no individual score below 6.5

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: A 10 per cent discount on postgraduate courses is available for University of Southampton final-year students and alumni.

Career destinations: this programme is accredited by the British Psychological Society (BPS) and means our graduates are eligible to go on to Stage 2 training to become health psychologists. Many alumni have continued onto MPhil/ PhD programmes in health psychology and other related subjects, often with scholarships. Other common destinations include clinical training, research work and teaching in academic and health care settings in the UK and overseas

MSc Research Methods in Psychology (1 year)

This programme provides advanced training and structured support to equip and motivate you to undertake high-quality research in psychology. You will be encouraged to apply newly acquired concepts, methods and skills to address research questions relevant to your particular area of interest.

You will become fully immersed in active research programmes gaining practical, hands-on experience in conducting research.

Assessment

Assessment is through coursework and dissertation

Programme structure

Compulsory modules

- Psychological Research Design
- Correlational Methods in Psychology
- Qualitative Psychology
- Group Comparisons
- Concepts and Skills
- Advanced Statistical Methods
- Research Apprenticeship in Psychology

Optional module

- Statistical Programming in R

Key information

Programme Director: Dr Tim Wildschut

Start date: September

Programme duration: 12 months full-time

Language requirements: an IELTS overall score of 6.5 with no individual score below 6.0

Entry requirements: first- or upper second-class honours degree or equivalent

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: if the MSc Research Methods is undertaken as part of a PhD, ESRC studentships, university scholarships and psychology studentships may be available

Career destinations: graduates often go on to research and academic institutions, research in local and national government, public health analysis, health and social care provision and management, non-governmental organisations, human resource management, market research and consultancy, public relations, and teaching

“During my programme I learnt how to design and conduct a study, analyse data, write papers and work effectively in a team. All of these skills have been proved to be crucial for my work.”

Yu Guang

MSc Research Methods, 2012;

Research Assistant at Third Military Medical University in China



Academic staff are very supportive, encouraging and keen to help students develop to their full potential.



Doctorate Clinical Psychology (DClinPsych) (3 years)

You will gain knowledge of central theoretical and empirical approaches to clinical psychology, as well as the application of theoretical models and treatment approaches to psychological problems. You will develop competence as an applied psychologist and scientist practitioner across multi-disciplinary healthcare settings.

The programme is approved by the Health and Care Professions Council (HCPC) and by the British Psychological Society (BPS).

Assessment

Assessment is multi-modal and includes assessed role plays of clinical skills, written and oral case presentations of clinical activities, reflective diaries, a portfolio of clinical experience, a small scale research project and a research thesis.

Programme structure

Compulsory modules

- Foundations of Clinical Psychology Practice
- Cognitive-behavioural therapy (CBT)
- Systemic theory and practice
- Evidence-based practice
- Neuropsychology
- Adapting clinical work for different populations
- Practitioner Training Placements
- A range of research modules including small scale research project and DClin. dissertation
- Child and Adolescence

- Learning Disability
- Professional development and leadership
- Specialist skills
- Trans-diagnostic processes

Key information

Programme Director: Dr Lusía Stopa

Start date: October

Programme duration: three years full time

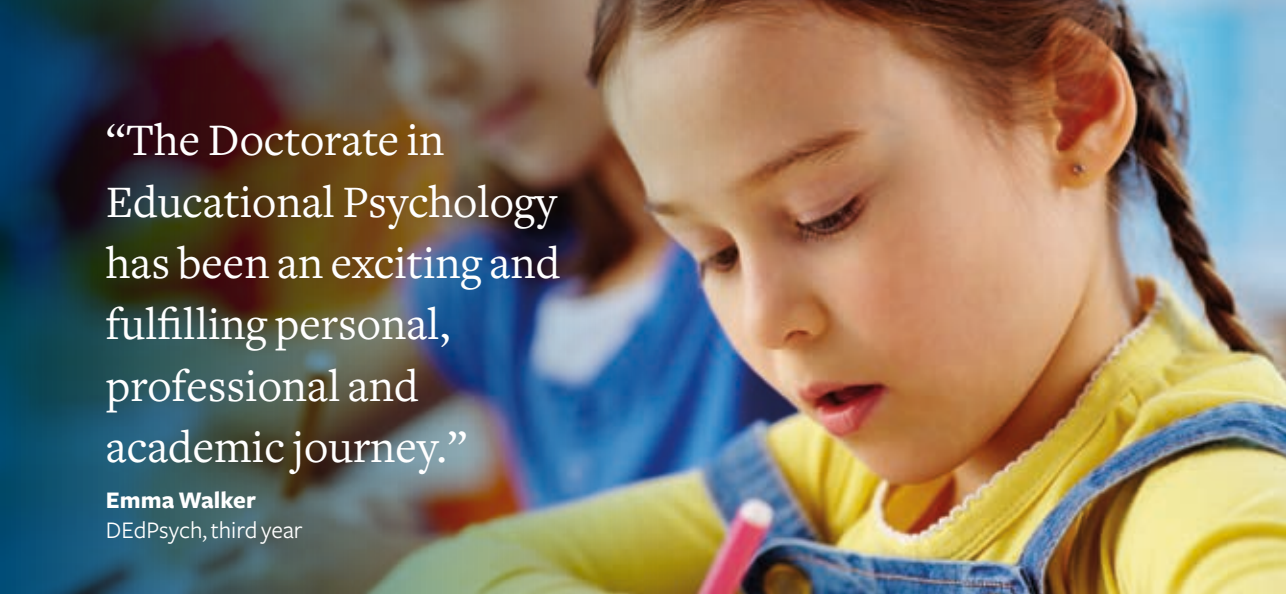
Entry requirements: first- or upper second-class honours degree in psychology or equivalent conferring Graduate Basis for Chartership by BPS; at least 60 percent research and statistical competence, and ability to work and reside in the UK without restriction. Successful applicants are selected on the basis of their potential to train as clinical psychologists and are likely to have substantial relevant experience

Language requirements: an IELTS overall score of 7.0 with no individual score below 6.5

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: the Doctorate in Clinical Psychology programme is funded by the NHS, and students on this programme are also salaried employees of the Taunton and Somerset NHS Trust

Career destinations: on successful completion of the programme you will be eligible to apply for registration with the HCPC and to apply to become a Chartered Psychologist (CPsychol), with the BPS. Most of our graduates go on to clinical psychology posts within the NHS or other healthcare organisations, while others go on to academic and research linked posts



“The Doctorate in Educational Psychology has been an exciting and fulfilling personal, professional and academic journey.”

Emma Walker

DEdPsych, third year

Doctorate Educational Psychology (DEdPsych) (3 years)

This programme is approved by the Health and Care Professions Council (HCPC) and will prepare you to become an educational psychologist. You will develop knowledge, understanding and application of theory, empirical evidence and interventions at the core of the professional practice of educational psychology.

The programme meets the requirements for chartered status with the British Psychological Society (BPS).

Assessment

Assessment is through essays and academic critiques, reports of casework, practical work files, applied research projects, and a thesis.

Programme structure

Compulsory modules

- Placement Learning in Nursery, Primary and Secondary Schools
- Casework
- Learning and Development
- Emotion and Behaviour
- Research Design and Practice
- Qualitative and Quantitative Research Methods
- Small Scale Research Project
- Learning Difficulties
- Emotional and Behavioural Difficulties
- Applied Research
- Thesis Proposal
- Research Thesis

Key information

Programme Director: Dr Sarah Wright

Start date: September

Programme duration: three years full time

Entry requirements: first or upper second-class degree in psychology or equivalent conferring Graduate Basis for Chartership (GBC) by BPS; relevant experience (at least one to two years) of working with children and young people in a childcare, educational or community setting; resident in the UK at the time of application and eligible to work in England for the duration of the course and at least two years after completion

Language requirements: an IELTS overall score of 7.0 with no individual score below 6.5

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: each student receives fees for all years and a bursary in year one funded by the National College of Teaching and Leadership (NCTL), Department for Education (currently £14,500); and in years two and three a bursary from the Local Authority in which they are placed (currently £15,500)

Career destinations: ninety-five percent of our graduates go on to work with local education authorities as educational psychologists in schools, colleges, nurseries and special units, primarily with teachers and parents. They regularly liaise with other professionals in education, health and social services. A growing number of qualified educational psychologists also work as independent or private consultants

MPhil/PhD Psychology by Research

This programme is suitable for ambitious graduates who wish to undertake a PhD in a stimulating and supportive environment with state-of-the-art research facilities and with academics who have an international reputation for research excellence.

We are able to offer funding to outstanding applicants who can demonstrate strong commitment to a postgraduate research career with excellent academic achievement and research experience.

Assessment

Assessment is through MPhil with progression to PhD through upgrade (written and oral assessment); PhD thesis and viva voce.

Programme structure

You will work within a supervisory team to develop and submit a research thesis of up to 75,000 words (50,000 for an MPhil) showing evidence of the systematic acquisition and understanding of an extensive body of knowledge and the development and understanding of new knowledge through original research or other advanced scholarship that extends the discipline and merits publication.

You will also have the option to enrol in a comprehensive curriculum that includes basic and higher level generic and specialised training programmes, as well as accessing a personal research training support grant to provide expenses for studies linked to your PhD.

Key information

Programme Director: Dr Julie A Hadwin

Start date: October

Programme duration: three to four years full-time or up to seven years part-time

Entry requirements: first- or good upper second-class honours degree or equivalent for applicants for a 1 + 3 programme. For + 3 applicants, you would typically have successfully completed a relevant postgraduate taught program (many prospective students for the MPhil/PhD Psychology by Research programme take the MSc Research Methods in Psychology at Southampton)

Language requirements: an IELTS overall score of 6.5 with no individual score below 6.0

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: Psychology aims to fund up to ten postgraduate students each year through University and Academic Unit funding initiatives. We also offer a 10 per cent discount for University of Southampton final year psychology students and alumni. We are very happy to work with students who meet our entry requirements and who are able to self-fund or who have funding from other sources. For further funding information, please see www.southampton.ac.uk/postgraduate/feesandfunding

Career destinations: many of our graduates take up post-doctoral research positions at the University of Southampton or in other universities within the UK and across Europe. Some graduates apply for further professional training for clinical or educational psychology

“In addition to being very open, positive, and friendly, the academic environment here is amazingly stimulating, and rigorous. Postgraduate colleagues and academic staff are a tireless source of support, novel ideas, reflective questions and technical and specialised knowledge, which helps advance knowledge in various research domains.”

Ehab Hermena

PhD student, second year



“The training at Southampton gives you many opportunities for personal and professional development.”

Gulcan Garip

MSc in Health Psychology, 2010;
PhD in Health Psychology, awarded in 2014

MPhil/PhD Health Psychology Research and Professional Practice

This programme is suitable for graduates with a British Psychological Society-accredited MSc in Health Psychology, wishing to undertake a PhD to obtain BPS chartered psychologist status and register with the Health and Care Professions Council as a health psychologist.

It is approved by the Health and Care Professions Council (HCPC) and by the British Psychological Society (BPS).

Assessment

Assessment is by completion of a MPhil/PhD Thesis by Research in a topic relevant to health psychology and a Portfolio of Competence during a minimum two-year period of supervised and reflective practice.

Programme structure

The core programme is a PhD by research, which must include a systematic review. Students must also maintain a logbook of supervised practice in health psychology, undertake some teaching consultancy, and complete a behaviour change intervention. They must also demonstrate that they have acquired the professional competences necessary for Chartered Psychologist and Health Psychologist status by undertaking and documenting additional activities such as teaching, behaviour change interventions and consultancy.

Key information

Programme Director: Dr Cynthia Graham

Start date: throughout the year

Programme duration: two to four years full-time or three to seven years part-time

Entry requirements: BPS-accredited MSc in Health Psychology

Language requirements: an IELTS overall score of 7.0 with no individual score below 6.5

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: Psychology aims to fund up to ten postgraduate students each year through University and Academic Unit funding initiatives. We also offer a 10 per cent discount for University of Southampton final year psychology students and alumni. We are very happy to work with students who meet our entry requirements and who are able to self-fund or who have funding from other sources. For further funding information, please see www.southampton.ac.uk/postgraduate/feesandfunding

Career destinations: many of our graduates have taken research and/or teaching positions in higher education. Others have obtained University lectureships or fellowships or joined clinical research organisations where they are involved in setting up and carrying out a variety of research projects.



Excellence
in CBT Training.
Exploring mental
and physical health



Professional development

An introduction to Cognitive Behaviour Therapy

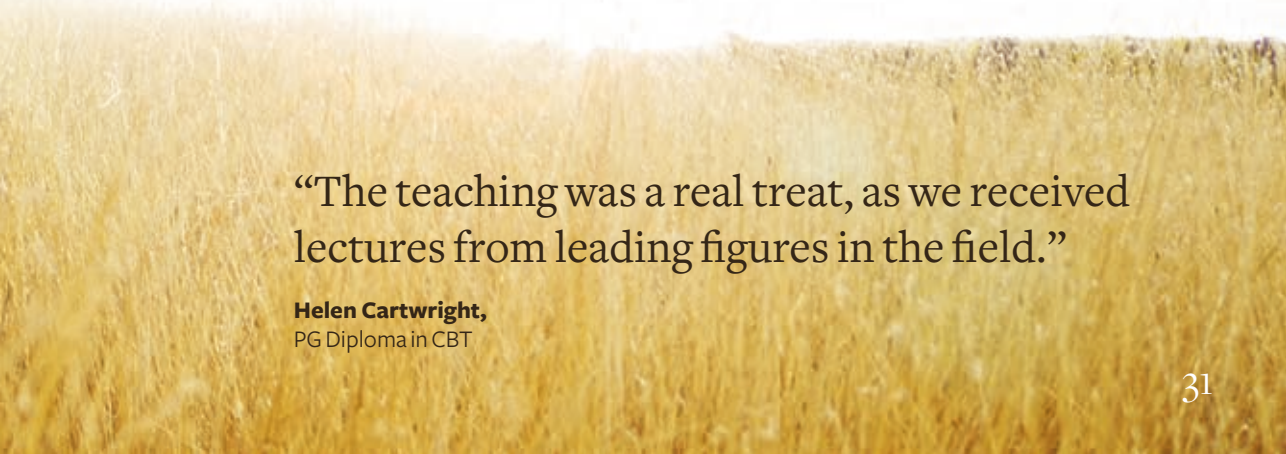
Cognitive Behaviour Therapy (CBT) is a collaborative and evidence based psychological treatment that enables us to understand the relationships between our feelings, thinking, behaviours and environment and what causes these to become problematic.

By understanding how mental health difficulties have developed and how they are maintained day to day, we can then support people as they choose to make changes in their lives.

CBT aims to reduce distress and improve the quality of life and is recommended by the National Institute for Health and Care Excellence (NICE) for a range of mental health problems including depression, anxiety, psychosis and personality disorders.

At Southampton we offer five programmes in CBT. These are:

- Postgraduate Diploma in CBT (Advanced Level Practice) – BABCP level I accredited
- Postgraduate Diploma in CBT for Anxiety and Depression (IAPT) – BABCP level II accredited
- Postgraduate Certificate in CBT: Theory only (Introductory Level Practice)
- Postgraduate Certificate in CBT: Theory and Practice in Anxiety and Depression (Introductory Level Practice)
- Postgraduate Certificate in CBT: Advanced Theory and Practice



“The teaching was a real treat, as we received lectures from leading figures in the field.”

Helen Cartwright,
PG Diploma in CBT

Postgraduate Diploma in CBT (advanced level practice) – BABCP level I accredited

This diploma aims to give you a clear understanding of cognitive behavioural concepts, models and methods. You will gain skills in collaborative assessment, formulation and treatment, and will develop sound clinical decision making through a critical appreciation of theoretical and empirical literature.

This is a highly flexible programme with most students working in clinical settings and attending the University at least one day a week. Some supervision sessions on offer may be scheduled on days different to lectures.

Assessment

Assessment is through a combination of clinical and academic assignments, including therapy ratings against the Cognitive Therapy Scale – Revised (CTS-R).

Programme structure

Core modules

- CBT Theory and Skills I (depending on previous experience)
- CBT Theory and skills II
- CBT Supervision in Evidence-based Treatments for People with Anxiety and Depression
- CBT Portfolio

Optional module

- Evidence-based Treatments for Anxiety Disorders
- CBT for Depression
- CBT for Personality Disorders
- CBT for Psychosis
- Trans-diagnostic Processes
- CBT Supervision Linked to Selected Taught Modules
- Supervisory Skills
- CBT Placement

Key information

Programme Director: Katherine Newman Taylor

Start date: October

Programme duration: usually one to two years and must be completed in a maximum of five years; most students will be working in clinical settings and will attend university for one day a week, with some short training blocks

Entry requirements: suitable for mental health professionals with an approved professional training, some previous CBT training and at least one year's experience of supervised CBT practice. Candidates usually hold a good degree in psychology or professional equivalent

Language requirements: you need to be fluent in written and spoken English

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: you may be funded by your employer as part of your continuous professional development, or you may be wholly or partially self-funded

Career destinations: this is likely to improve career opportunities for psychological therapists and leads of these services and is particularly relevant given the emphasis on evidence based practice in the NHS

Postgraduate Diploma in CBT for Anxiety and Depression (IAPT) – BABCP level II accredited

This diploma is a year-long training programme in CBT for mild to moderate anxiety and mild to severe depression. It is in line with national Improving Access to Psychological Therapies (IAPT) guidelines and is open to high intensity IAPT trainees and others wishing to develop specialist skills in these areas.

Most students will be working in a high intensity IAPT service, and will attend the university for two days a week (Thursdays and Fridays), with some short training blocks.

Assessment

Assessment is through a combination of clinical and academic assignments, including therapy ratings against the Cognitive Therapy Scale – Revised (CTS-R)

Programme structure

Core modules

- CBT Theory and Skills I
- CBT Theory and Skills II
- CBT Supervision 1: Introduction to Evidence-based Treatments for People with Anxiety and Depression
- Evidence-based Treatments for Anxiety Disorders
- CBT Supervision 2: Disorder-specific Treatments for People with Anxiety Disorders
- CBT for Depression
- CBT Supervision 3: Evidence-based Treatments for People with Depression
- CBT Placement
- CBT Portfolio

Key information

Programme Director: Sharon Pettit

Start date: late September/early October

Programme duration: usually one year and must be completed in a maximum of five years; most students will be working in a high-intensity IAPT service and will attend university for two days a week, with some short training blocks

Entry requirements: usually a good degree in psychology or professional equivalent. You also need to have a core profession as defined by BABCP (or knowledge, skills and experience)

Language requirements: you need to be fluent in written and spoken English

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: you may be funded by your employer as part of your continuous professional development, or you may be wholly or partially self-funded

Career destinations: this equips psychological therapists to work as high intensity practitioners in IAPT services. It is also likely to improve career opportunities for psychological therapists working primarily with people with anxiety and depression and is particularly relevant given the emphasis on evidence based practice in the NHS

We offer three postgraduate CBT awards at certificate level: theory only; theory and practice in anxiety and depression (introductory level); theory and theory and practice (advanced level).

These are highly flexible programmes. Most students will be working in clinical settings and attending the University for one day a week with some short training blocks. Supervision modules may run on a different day to the teaching.

Postgraduate Certificate in CBT: Theory only

This course is most likely to be of interest to researchers and others interested in developing their theoretical knowledge about CBT, without necessarily putting this into practise. This course focuses on CBT knowledge and principles, and does not involve supervised practice. It may also be of use to those who wish to develop their skills but do not have current access to clients.

Key information

Programme Director: Richard Mutimer

Start date: late September/early October

Programme duration: usually one year and must be completed in a maximum of five years

Entry requirements: usually hold a good degree in psychology or professional equivalent

Language requirements: you need to be fluent in written and spoken English

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: you may be funded by your employer as part of your continuous professional development, or you may be wholly or partially self-funded

Career destinations: this is likely to improve career opportunities if you wish to develop skills in psychological therapies and is particularly relevant given the emphasis on evidence based practice in the NHS

Postgraduate Certificate in CBT: Theory and Practice in Anxiety and Depression

This course is designed as an introduction to the treatment of anxiety and depression. Both teaching and supervised practice focuses on these common mental health problems. Candidates are expected to be treating clients with anxiety and depression for the supervision component.

Key information

Programme Director: Richard Mutimer

Start date: October

Programme duration: usually one year and must be completed in a maximum of five years

Entry requirements: usually hold a good degree in psychology or professional equivalent

Language requirements: you need to be fluent in written and spoken English

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: you may be funded by your employer as part of your continuous professional development, or you may be wholly or partially self-funded

Career destinations: this is likely to improve career opportunities if you wish to develop skills in psychological therapies and is particularly relevant given the emphasis on evidence based practice in the NHS



Postgraduate Certificate in CBT: Advanced Theory and Practice

This course is appropriate for people who have typically already completed a PG Diploma and/or have a significant amount of CBT experience. It enables practitioners who have specialised in one set of disorders (e.g. anxiety, depression) to develop their knowledge and skills in areas (e.g. psychosis, personality disorder). As such, the advanced certificate offers an opportunity to broaden clinical expertise, developing new formulation and practice skills.

Key information

Programme Director: Katherine Newman Taylor

Start date: October

Programme duration: usually one year and must be completed in a maximum of five years

Entry requirements: usually hold a good degree in psychology or professional equivalent

Language requirements: you need to be fluent in written and spoken English

Fees: www.southampton.ac.uk/postgraduate/feesandfunding

Funding: you may be funded by your employer as part of your continuous professional development, or you may be wholly or partially self-funded

Career destinations: this is likely to improve career opportunities if you wish to develop skills in psychological therapies and is particularly relevant given the emphasis on evidence based practice in the NHS

“You have excellent supervision, and the University employs very experienced therapists. If you start with the Certificate, it really gives you a good background and helps you to progress.”

Sue Clark,
Therapist in training

Applying and funding

You will need funding confirmation before registering as a postgraduate student. Contact our admissions office for information about awards from research councils and other sponsors that may be currently available.

General entry requirements

To apply for postgraduate study you must satisfy our general entry requirements and any specific requirements of your chosen programme. As well as academic qualifications and practical experience, we look for evidence of your interest in the course and an understanding of the rigorous demands of postgraduate study.

How to apply

Applications for research and taught programmes are made using our online application form.

Most programmes also have additional application requirements and some have specific application deadlines related to teaching timetables and funding opportunities. These are set out online at www.southampton.ac.uk/pgapply

Admissions policy

1. The University of Southampton will:
 - recruit students from a wide range of backgrounds, who we believe have the potential to complete their programmes successfully and make a valuable contribution to university life
 - attract applicants who enjoy the challenge of forward thinking, the excitement of research findings in their programmes and the high standards of learning and teaching we set ourselves
 - foster a diverse learning community in which our students will meet people from different cultures, thereby enhancing their skills of critical reasoning, teamwork and communication, and thus preparing them for successful participation in their chosen careers and roles
2. The University is committed to a system of admissions that ensures fairness, transparency and equal opportunities within the legal framework of the UK and best practice. All reasonable effort will be made to ensure that no prospective or existing student is unreasonably treated less favourably on the grounds of age, race, colour, nationality, ethnic origin, creed, disability, sexual orientation, gender, marital or parental/carer status, political belief or social or economic class, or any other type of discrimination.

Tuition fees and funding

The University offers help and advice on funding for prospective postgraduate students. You will need to pay annual tuition fees to the University for your programme of study. These vary according to the type of programme you choose. Fees charged for full-time, non-EU international students include the full cost of tuition, examinations, Students' Union membership and research support expenses, where applicable.

Course sponsorship is available for some masters and doctoral programmes and funding is also available from external funding bodies and scholarship programmes. Information on bursaries or scholarships to students from certain countries, or those studying certain subjects is available at www.southampton.ac.uk/intscholarships

We receive high levels of funding from external bodies specifically for postgraduate researchers. We also offer a wide variety of postgraduate scholarships and bursaries across the University for UK/EU and international students. Further information is available from our postgraduate admissions office.

Details of current PhD and EngD studentships are advertised on the University's job opportunities web page, see www.southampton.ac.uk/jobopps

Applying and funding

Psychology is committed to investment and growth in its postgraduate research community. It aims to fund up to ten postgraduate students each year through University and academic unit funding initiatives, including one Southampton undergraduate (or alumni) who has demonstrated exceptional achievement and commitment to postgraduate research. Moreover, we offer a 10 per cent discount for University of Southampton final year psychology students and alumni.

Contact us

Tel: +44 (0)23 8059 4732

Email: admissions@southampton.ac.uk

www.southampton.ac.uk/postgraduate/feesandfunding

International postgraduates

The University has a thriving international community. In 2010/11 we welcomed around 5,000 EU and international students from more than 130 countries.

International Office

Staff from our International Office attend educational exhibitions around the world as well as making numerous visits overseas and to colleges in the UK. Face-to-face contact is the best way of getting to know the University, so if you are unable to visit us in Southampton, make sure that you book an appointment to meet us at one of the exhibitions. For full details of locations and timings of our overseas visits, please contact the International Office.

We provide advice and information to anyone who is considering applying to Southampton. Our aim is to make the process of joining the University as simple as possible. Visit our website, which has information available in many languages, for an introduction to the University.

Welcoming our international students

Before leaving home and arriving in the UK, there are a number of things you should do to prepare for university life. These include having the right documentation, filling in forms and registering for various services and programmes. Make sure you read our information for international students on our website, or contact the International Office for advice.

International Welcome Programme

We encourage all new international postgraduates to register for our Welcome Programme, specifically designed for international students. This takes place in September each year and includes general events to introduce you to our facilities, subject-specific events to begin your academic induction, and a range of social and cultural activities. The programme offers practical information and presents an opportunity to meet staff and other students.

On certain dates before the beginning of the academic year, we arrange to meet new international students from London Heathrow Airport (Meet and Greet Service). Our representatives will be there to meet you and transport you directly to the University for the Welcome Programme. www.southampton.ac.uk/welcome

Support

We have three specialist academic advisors, whose role is to support our international students with their studies. The Students' Union Advice Centre also provides cultural and personal support.

Split-site PhD

It is possible to arrange split-site PhDs in some of our academic units. This involves spending a minimum of 12 months in the UK and the remaining time in your home country.

Visas

Before you come to study in the UK, it is essential that you find out about the UK's immigration procedures and how they will affect you. Our website provides information on student visas, police registration, working in the UK and links to other useful websites. www.southampton.ac.uk/visas

English language requirements

If English is not your first language, you will need to demonstrate that you have reached a satisfactory standard in an approved English language test. For the majority of our courses we require an IELTS level of 6.5 or equivalent, achieved in the past two years. If you need to improve your English language skills, you can apply to our pre-session English language courses.

Please note that for the taught doctoral programmes (Clinical Psychology and Educational Psychology) and the PhD in Health Psychology, an IELTS grade of 7.0 will be required, with no element below 6.5.

Contact us

International Office
Tel: +44 (0)23 8059 9699
Email: global@southampton.ac.uk

www.southampton.ac.uk/international

How to get here

By road

Southampton M3 – exit M3 at junction 14, following signs for Southampton (A33). Follow the A33 into Bassett Avenue and follow map/signs to University campuses.

M27 (west or east) – leave M27 at junction 5 (Southampton Airport) and follow map/signs to University campuses.

Winchester M3 – exit M3 at junction 9 or 10.

By rail

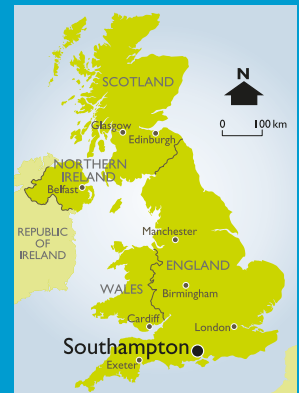
Fast trains from London and Bournemouth/Weymouth stop at Winchester, Southampton Central and Southampton Airport Parkway. Trains from Portsmouth and Bristol/South Wales stop at Southampton Central. The unilink U1 bus service runs between Southampton Central and Southampton Airport Parkway via the University.

By coach

Southampton coach station is at Western Esplanade, in the city centre. unilink U1 buses connect the University's Southampton campuses and the city centre.

By air

Southampton Airport is about 20 minutes from the Southampton campuses by bus or taxi. There is a full UK domestic service, as well as flights to mainland Europe and the Channel Islands.



Find out more

Relevant web links are shown throughout this brochure. Please also consult www.southampton.ac.uk/psychology/postgraduate online for further details and/or any changes which have appeared since first publication of the Psychology postgraduate prospectus or phone +44 (0)23 8059 3476 or +44 (0)23 8059 3483 for more information.

Disclaimer

The University of Southampton will use all reasonable efforts to deliver advertised programmes and other services and facilities in accordance with the descriptions set out in its prospectuses, student handbooks, welcome guides and website. It will provide students with the tuition, learning support, services and facilities so described with reasonable care and skill.

The University, therefore, reserves the right if it considers it to be necessary to alter the timetable, location, content or method of delivery of events provided such alterations are reasonable.

Financial or other losses

The University will not be held liable for any direct or indirect financial or other losses or damage arising from changes made to the event timetable, location, content or method of delivery of various services and facilities set out herein.

Force majeure

The University will not be held liable for any loss, damage or expense resulting from any delay, variation or failure in the provision of services and facilities set out herein, arising from circumstances beyond the University's reasonable control, including (but not limited to) war or threat of war, riot, civil strife, terrorist activity, industrial dispute, natural or nuclear disaster, adverse weather conditions, interruption in power supplies or other services for any reason, fire, boycott and telecommunications failure.

In the event that such circumstances beyond the reasonable control of the University arise, it will use all reasonable endeavours to minimise disruption as far as it is practical to do so.

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This information can be made available, on request, in alternative formats such as electronic, large print, Braille or audio tape, and in some cases, other languages. Please call +44 (0)23 8059 7726 to request an alternative format.

www.southampton.ac.uk/psychology
UK and EU research programme enquiries:
pgrapply.fshs@southampton.ac.uk
+44 (0)23 8059 3476

UK and EU taught programme enquiries:
pgtapply.fshs@southampton.ac.uk
+44 (0)23 8059 3483

International enquiries:
global@southampton.ac.uk
+44 (0)23 8059 9699

CBT Training Professional Development
CBT Certificate enquiries:
CBTadmin@southampton.ac.uk
+44 (0)23 8059 5108 or 8059 3578

